



Equipment Check List- Winter

Please use this form as a check sheet to ensure that you have everything that you need.

Items under "Personal" and "Gear" are mandatory. If you do not have access to these items please call ahead and we may be able to help you out.

Personal:

- Toiletries (including towel)
- Sleeping bag
- Pillow
- Sunglasses
- Sunscreen
- toque
- Synthetic long underwear (top and bottoms)
- T-shirt
- Fleece/wool sweater
- Fleece/wool pants
- Gloves x 2 pairs
- Rain coat and pants
- Winter coat and pants
- Synthetic/ wool hiking socks x 2
- Running shoes/ hiking boots
- Winter boots

Gear:

- Flashlight/ headlamp
- Water bottle
- Day pack

Optional:

- Single mattress sheet
- Indoor shoes or slippers
- Ice climbing boots
- Harness
- Helmet
- Bible
- Notebook

Please do not bring:

We do not have a secure place for these items and it often causes conflict. If you do wish to send a cell phone with your child we can keep it in the office and they may use it on request.

- Cell phones
- Ipods, mp3s, etc.
- Laptops
- Snacks containing nuts